



Caring for Your Well-being Through Preventive Care

In keeping with our Employee Value Proposition, Brunswick offers a wide range of benefits to help with life's ever-changing situations. Preventive checkups can help catch health issues early – which may speed up recovery and lessen the severity of treatment. It is important to discuss preventive testing with your primary care provider (PCP).

Medical – in-network wellness or preventive services are covered 100% with no deductible. Services include annual checkups, well baby care, immunizations, well women/men checkups and cancer screenings (including Cologuard). Expectant mothers can also participate in the Special Beginnings program through UnitedHealthcare.

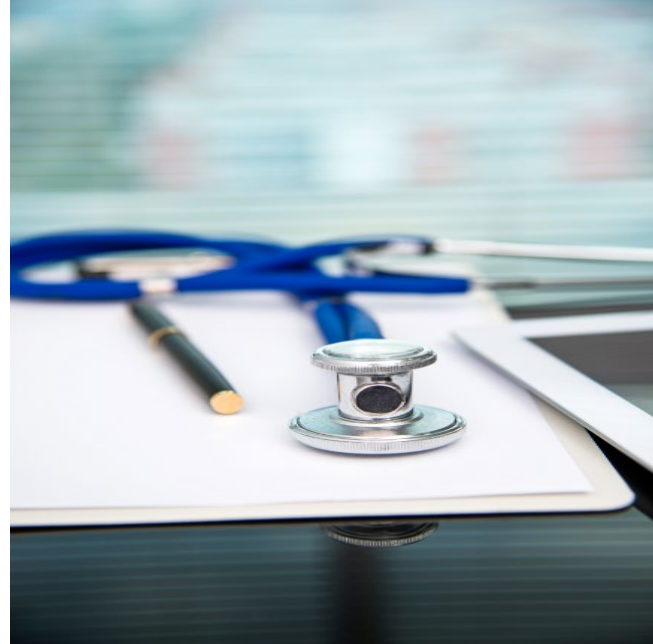
Dental – in-network preventive services are covered 100% with no deductible. In addition, increased frequency of cleanings for certain health conditions such as diabetes, kidney failure, cancer patients and for expectant mothers is also covered 100% with no deductible.

Vision – in-network exams are covered 100%. Eye exams are not only a good check for your vision but can also help catch early signs of certain health conditions such as diabetes and high cholesterol.

Well-Being – Be Your Best program provides self-directed activities related to nutrition, movement, finances and mental health. All benefits-eligible employees in the U.S. have access to the Brunswick Be Your Best program. In addition, if enrolled in the medical plan, you have access to Lyra. Lyra offers free resources, such as Lyra Learn (online mental health e-learning resources) and Lyra Gather (allows you to join small group discussions led by a clinical topic expert).

Information on these services and other benefit plans along with the Summary Plan Descriptions can be found on Brunswick Connect bconline.sharepoint.com/sites/homepage and click on Benefits.

Brunswick benefits – caring for you as an individual



RESOURCES

If you don't have a primary care provider, contact Health Advocate (a support service that can help you find doctors and make appointments) or check for primary care providers at myuhc.com.

Health Advocate

www.healthadvocate.com/brunswick
866-799-2728

UnitedHealthcare

www.myuhc.com
888-364-5090

Delta Dental

www.deltadentalil.com
800-323-1743

VSP

www.vsp.com
800-877-7195

Be Your Best

join.virginpulse.com/beyourbest
888-671-9395

Lyra

brunswick.lyrahealth.com
877-219-8350